Baby Boomers at Mid-Life

The Future of Aging in North Carolina

A Report Prepared for the NC Division of Aging

by the

CARES, Center for Aging Research and Educational Services,
Jordan Institute for Families,
School of Social Work,
The University of North Carolina at Chapel Hill

July 1997

Contents

A Letter from Bonnie M. Cramer, Director of the Division of Aging **→** *inside front cover*

"Talking 'bout My Generation": Baby Boomers Face the Future **1**

"What's Going On?": Boomer Demographics 2

"Money Makes the World Go Around": Financial Security in Later Life **→** 6

"Stayin' Alive": Health Status of Boomers, Now and in the Future 2 12

References 2 23

Acknowledgments 25